

LIFE GOALS

Posted by Kedusha252 - 29 Aug 2011 02:46

Hello Everyone,

Well, it's always going to be there. Baruch Hashem, if you want to know if there is a Creator of this world or not, just look at the urge for women. Unbelievable. It is such a real, automatic and powerful urge. Hashem must have designed the human body with amazing wisdom to supply men with the natural urge for a woman.

The power, the constant pull to see more and the availability of photos, videos and entertainment makes this nisayon so real and so powerful. That's right, every morning you can wake up and say, today I will definitely be pulled to look at an attractive woman whether she has some clothing or fully clothed, whether she is in real life, on paper or on a screen. Hashem put that image in front of me and He is giving the very real opportunity for self growth and the ability to earn mitzvos.

I am nine days clean now and since I came back from working at camp I have not ***st**b**d.

I am desperate to make this year work for me!!!

Since I was in 10th grade there has never been a year where I did not ****u**te. I am really hoping I can be disciplined this year and use this website to my advantage.

Along with keeping my eyes and body clean this year I would also love to:

Eat Healthy

Workout

Not Bite My Fingernails

Learn Torah During My Free Time

Sleep Well

Think Positively

Smile Often

Work Hard

Be the Best I Can Be.

Please Hashem, help me achieve my goals and stay balanced and on top of my game starting
:D

Each person only lives once. We may as well do what makes us happy and produce the best possible person that each of us have inside of us.

with today!
I can do it!!! We all can do it! One day at a time.

I hope to continue writing and use this forum for growth in shmiras einaiyim and other life goals.

Sincerely,

Kedusha252

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Re: LIFE GOALS

Posted by kidushashem - 29 Aug 2011 12:15

TrueRatzon or Kedusha252 (?)

I have a very similar story to yours. Similar timelines, similar age, similar goals...

I'm a very goal oriented person and I often make up lists of things I want to achieve.

A very big tip that I want to give you is to post more than 1/10 of a post per day on here if you feel that this place helps you (check out your stats).

Another very important tip, no matter what, do the 12 steps, don't just read them.

Wishing you tremendous success! May this coming Elul be a time of tremendous growth and a time of breaking through, for you, among all of Am Yisrael!

Love,

KH

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Re: LIFE GOALS

Posted by mechazek - 29 Aug 2011 12:21

such maturity so nice to read.

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Re: LIFE GOALS

Posted by kidushashem - 29 Aug 2011 12:28

one more thing. I understand from your posts that your issue is masturbation, not pornography. If that's the case, Yeshar Koach and DON'T GET INTO IT!

Either way, make sure you have no ABILITY to look at porn. Filter, accountability software, etc.

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