

Bain hazemanim blues

Posted by helpfyi - 04 Aug 2011 18:59

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Yes bain hazmanim is in the air, a time that has too much time. I have always had issues with bain hazmanim and this time i want to get it right. I would like to hear some chizzick from the boys regarding this and i think many of us have had issues with this in the past.

MY PLAN-

-Keeping busy- that's the key i took a project in learning that i hope will keep me busy.

-not going to places where there are alot of prizutz. this is not easy bec its everywhere, but i can limit it to places where it is better. Prepare before i go and daven to hashem.

-stay away from the PC for too long, it just causes bad.....

- make a sader that you wont miss no matter what! even if its 20 min!

please share your ideas!

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Re: Bain hazemanim blues

Posted by Yosef Hatzadik - 04 Aug 2011 19:50

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[frumfiend wrote on 08 Oct 2010 23:07:](#)

Hello all you yeshivisha chevrah. If you are the type that only has problems bain hazmanim. Either due to acces to the internet or batala mavi lyda shiamum. Listen up! You have to work on this problem a whole zeman. Mr YH doesnt have bain hazemanim even during the zeman.

Have a great shtarke zman and be miyaker the zechus you have to sit and learn.

FF

[www.guardyoureyes.org/forum/index.php?topic=2694.msg72047#msg72047](http://www.guardyoureyes.org/forum/index.php?topic=2694.msg72047#msg72047)

See other threads too.     See how others discuss this.

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Re: Bain hazemanim blues

Posted by helpfyi - 04 Aug 2011 20:41

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thanks but there is always room for more chizzuck!

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Re: Bain hazemanim blues

Posted by khoskor - 04 Aug 2011 20:53

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Wow helpfyi, u seem to have a shtark bain hazmanim schedule here. Umm, Rav Aharon Kotler once made a seder to a bachur who just came from college and gave him a 10 min. chavrusa shaft at night with his roommate right before sleep to learn tanach. This would remove the influence at nights.

I can suggest to you, to go to kol halashon on the phone- kolhaloshon.org, they have the numbers there.

Like you said, u have a sader thats shtark.

Ur Keepin busy,

And what else,...This is stupid advice (at least for me) but go ahead and start on a new project or organization. This is soooo good at keeping ur mind busy and ur time. It kills alot of time.  
Hope I helped you

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Re: Bain hazemanim blues  
Posted by helpfyi - 04 Aug 2011 20:56

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[khoskor wrote on 04 Aug 2011 20:53:](#)

Ur Keepin busy,

And what else,...This is stupid advice (at least for me) but go ahead and start on a new project or organization. This is soooo good at keeping ur mind busy and ur time. It kills alot of time.  
Hope I helped you

i got a good laugh out of that! thanks for the tips!

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Re: Bain hazemanim blues  
Posted by khoskor - 04 Aug 2011 21:07

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ha, thanks

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Re: Bain hazemanim blues

Posted by bardichev - 04 Aug 2011 21:12

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busy shmizzy

get a filter on every device u own

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Re: Bain hazemanim blues

Posted by helpfyi - 05 Aug 2011 03:31

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[bardichev wrote on 04 Aug 2011 21:12:](#)

busy shmizzy

get a filter on every device u own

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Re: Bain hazemanim blues

Posted by JackAbbey - 05 Aug 2011 13:37

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make only small sheurim 30 minutes max, make your self some goals what to finish in the bein hazmanim, speak to local older serious frum people for advice.

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Re: Bain hazemanim blues

Posted by helpfyi - 05 Aug 2011 17:30

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[JackAbbey wrote on 05 Aug 2011 13:37:](#)

make only small sheurim 30 minutes max, make your self some goals what to finish in the bein hazmanim, speak to local older serious frum people for advice.

you can't say general thing to only learn 30 min max each person has to judge him own strength.

thanks for your interest!

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Re: Bain hazemanim blues

Posted by helpfyi - 10 Aug 2011 16:46

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hey everyone hows the bain hazmanim going hope you all are keeping busy, i am here on GYE !

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Re: Bain hazemanim blues

Posted by AchazoBolmus - 11 Aug 2011 13:27

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I think connecting with other people really works for those times when I'm on break from learning. If I can really enjoy hanging out with my wife, kids, or friends (in a place where there

are no triggers) it really helps.

So do something you like with someone you like -

Fun with friends is the antidote to fun with enemies.

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Re: Bain hazemanim blues

Posted by helpfyi - 11 Aug 2011 13:41

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thanks for that tip thats a great idea!

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Re: Bain hazemanim blues

Posted by Holy Yid - 12 Aug 2011 20:31

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WISHING YOU MUCH HATZLACHA!!!!!!!!!!!!!!!!!!!!

Yosef Hatzadiks point is that one day you might not have a zeman and then you will have the struggles of bein hazemanim all the time. If you want to avoid it you need to learn to live in a way that excludes the YH from being in charge.

Here is another idea. There are 3-5 hours a day of GYE conference calls. Join all of them for the rest of bein hazemanim.

All the best.

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Re: Bain hazemanim blues

Posted by Back on Track - 14 Aug 2011 03:01

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I wish I had bein hazmanim... I hardly have an hour to learn a day, and barely make ends meet. Halevy some day the aibishter should help me get back to a half day learning.

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