

Questions awaiting an answer

Posted by Shulem - 11 Jul 2011 05:38

Im in my mid-20's, married to a beautiful women and now a father to a beautiful wonderful 1-year old child. When I married I didn't know (almost) anything about sex! My wife -as well as me - is very frum dressed, and although it bothers me that she's dressed so frum, i cannot do anything to it because of her and my family. When I realized it all (about sex, nit about my wife), I found myself starring on other women on the street.... Found myself at the computer and watching videos of girls (not porn). Of course it got worse and lately I called some hotline. Then I found guardyoureyes. Now I'm working on my self with GUE's help, but I have many questions which doesnt make sense to me, can someone clarify?

1. As far as what I've read here, and in the handbook guide, it seems like we are from the 'less people' who are having these difficulties. And we got some kind of 'addiction'. Really? If I, in my innocent situation, (not knowing anything before marrige and having a real beautfiul wife) got to this point, when NOTHING was missing to me, and it's still not, baruch Hashem, then who is not addicted??? And if almost all people are having this problem, why is it an addiction? It's just like loving food,

So you'll say "ok but eating food never gets you to eat something worse vs this habit where it's almost always getting worse", maybe it's because you know you're doing something wrong so automatically you're feeling bad about it and doing even worse things.!

If I'm not mistaken, even rabbi twersky said that this isn't something you can 'clear' yourself from it. Because it's not like alcohol or drugs addiction. So maybe it isn't an addiction? I know I'm being a little off here, but even all dr's are talking about 'addiction', I still want to understand why this would be an addiction rather then a bad habit. And if really everybody has this addiction, then somthing is wrong here.....

2. Im reading here about this addiction that it's some kind of 'healing our feelings", that we're doing it to get out of some thoughts or problems in our life. I'm terribly honest, I'm almost NEVER masturbating because of any if these. Just that I'm getting a craving for it and doing it!!! Whenever i feel like it and my wife wouldn't be ready for me, or I just feel that I need 'someone else'.

3. Does the fact that my wife isn't wearing AT ALL how I'd like her to be dressed have an effect on this? Me and my wife are having great sex life, but she's really frum and doesn't really know

whats bothering me. Because I'm not telling her, because I know she won't be able to dress differently anyway. If this may have an effect of what happened to me, Is it a general chinuch problem? Or this shouldn't be a cause to this, and it's just that I'm an addict.

4. So does this all also means that I simply cannot protect my kids from this risk in their future lives in any way????

5. Did the riboinoi shel oilom really wanted to put me in such a difficult spot?

6. It's mentioned in the handbook 2 things I want to challenge: 1. You should always prevent from looking on women. In my eyes, it's not just impossible, but also not what the Torah way is. "vloi susiree achrei..." doesn't necessarily mean "not looking". In fact, the Torah doesn't say "don't look" but rather "don't follow your look"! So, A. how am I suppose to watch my eyes? And B. It sounds to me that the people who live in more challenging places like the city etc.. Are somehow stronger in this points. They can behave themselves much more then somebody who isn't used to look on women. It should've been the opposite? Or maybe it is? I really don't think so. 2. It's mentioned that this is an addiction which build with the time every time I saw something un-appropriate. So I'd really never be free of it unless I'm not looking?

Disclaimer: I'm a happy Jew, always having emuna, while struggling with this problem. I definitely gotbsome great advice here, included the 90-day therapy, but I'm a real thinker and would like to know the answer to these questions. Thanks in advance.

=====
=====