

90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Shteeble - 08 Jul 2011 13:29

Okay Chevra, we have 90,000 to go. Please keep to one reason per post, and 20 words or less per reason.

When you feel like acting out, make sure to read all 90,000 reasons why you shouldn't first.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by avrahamyeyagel4853 - 04 Feb 2013 03:24

Because I'm better than that.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by avrahamyeyagel4853 - 04 Feb 2013 03:26

Because I cannot afford the hit to my self-esteem that always follows acting out.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by avrahamyeyagel4853 - 04 Feb 2013 03:28

Because I can control panic/anxiety on my own, better than when I act out.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by mr. emunah - 04 Feb 2013 19:49

because i don't want to lose my connection with the Lord

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Chabadguy - 04 Feb 2013 21:39

There's a reason the eyes have lids to them. To close and turn away. If you don't you'll be stuffing up the heart with garbage.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by moish u.k. - 08 Feb 2013 18:13

There is no problem so big that acting out over it won't make it even bigger...!

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by 123pooped - 08 Feb 2013 21:51

because it screws up your thinking.your out of touch with hashem so you cant make right decisions-like I did when i pushed my son in a bad shidduch when i was busy acting out

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Yakovplsgod - 14 Feb 2013 08:48

Dont do something u will regret after

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Dov - 15 Feb 2013 23:59

[Yakovplsgod wrote:](#)

Dont do something u will regret after

Great advice. But when has that ever stopped anyone from doing this, chaver? Are you trying to help him, or to just tell him something he has already been telling himself for all these years?

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by chaimcharlie - 18 Feb 2013 01:16

What about some reasons to act out?

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Dov - 18 Feb 2013 02:52

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Yitzhar - 21 Feb 2013 12:41

#15 Because right when you finish, you realize how bad you feel for giving in...every time.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by melost - 21 Feb 2013 16:45

AS U FIRST HAVE TO READ 90,000 Reasons To Say NO to acting out WHAT A BORE

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by JustKeepGoing - 22 Feb 2013 11:38

I have a mehalech for this question.

Dont say "NO" to acting out. Because that means your getting involved in a conversation with your desires. Battle etc. Rather Ignore him and refocus your attention on something more productive.

ehh?? eh??? how 'bout 'dem apples?

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