

GYE - Guard Your Eyes

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90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Shteeble - 08 Jul 2011 13:29

Okay Chevra, we have 90,000 to go. Please keep to one reason per post, and 20 words or less per reason.

When you feel like acting out, make sure to read all 90,000 reasons why you shouldn't first.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by laagvokeles - 08 Jul 2011 13:34

lol!

great idea!

because life loses tons of its quality by acting out, shalom bayit per say less desire to your wife, she feels it, and she is unhappy.

she not happy you not happy.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Shteeble - 08 Jul 2011 13:51

#2

If you would ask yourself if it's good for you, you would respond, "NO." (Try it.)

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by rebdovid - 08 Jul 2011 13:53

you feel disconnected with yourself. With your neshomo.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Shteeble - 08 Jul 2011 13:56

#4

:D ;D Acting out will make you SAD AND DEPRESSED.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Shteeble - 08 Jul 2011 14:22

#5

The longer you hold out when the urge is strong, the longer you will be on the madreigah of Yosef Hatzaddik.

Refraining will make you HAPPY.

Repeat after me. "Right now, I am on the madreigah of Yosef hatzaddik."

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Shteeble - 08 Jul 2011 14:25

#6

You don't even want to. It's the Yetzer Hara, The Satan who put you under hypnosis.

You are following orders of the one who will eventually put you to death.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by laagvokeles - 08 Jul 2011 14:32

not worth it:

a high of 5 min dosnt beat a day of normality with no guilty concience ("?"? life)

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Shteeble - 08 Jul 2011 14:44

#8

The real reason and purpose of your having an urge now, is for you to post one more reason to say "NO."

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less

Posted by Shteeble - 08 Jul 2011 14:54

#9

It is pure INSANITY to say "yes" in the face of 90,000 reasons to say "**NO.**"

Repeat after me. "I would need to be INSANE to do this thing."

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by rebdovid - 08 Jul 2011 14:59

every time you act out, you are concealing yourself. simply put you, I found that when I act out it's harder to reach in to the energy one needs to fully experience life, on the other hand holding yourself in allows you to live life as a living person.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by ZemirosShabbos - 08 Jul 2011 15:00

#11

if you are gonna act out, at least wait to see what all 90,000 reasons are. right now we only know 11 of them...

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by Shteeble - 08 Jul 2011 16:00

#12

You have friends on GYE that you can reach out to instead.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by helpfyi - 08 Jul 2011 16:10

i want to be happy and not depressed and that make me depressed and feel low and dirty and unfaithful.

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Re: 90,000 Reasons To Say NO to acting out.... in 20 words or less
Posted by rebdovid - 08 Jul 2011 18:50

Everything G-d created is for a reason, don't waste it.

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