

Girls in general

Posted by emunah17 - 01 Jul 2011 14:57

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Shalom everyone

I can't stop watching teenage love stories. I can't stop watching movies in general I'm bored. And after I watched a certain movie I couldn't get the girl out of my head. So much so that I spent half the night trying to find out if she's Jewish and then I'll hook up with her somehow. B"H I couldn't find out but I don't think I'll be able to hold myself back from searching again. I've found hints that she is Jewish and I can't stop fantasizing. If I find out she's Jewish I know I won't stop till I contact her. And I keep on thinking why not? If she is a Jewess (which I think she is) then what's wrong with hooking up with her, helping her become frum and get friendly and when the time comes maybe marry her. I just can't get these crazy possibilities out of my mind.

Plus isn't there something about having some exposure I mean is it okay to watch some movies rated PG or cartoons like Spider-Man. What's the Geder?

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Re: Girls in general

Posted by milehashem - 13 Sep 2011 06:34

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Emuna17,

You're a young guy with a lot of energy. If you're bored, get out of the house and go do something!

Go for a jog. Running is great exercise, very good for your health, and it's easy to do anytime that you're bored. You will lose weight, gain muscle, and have an outlet for that "sitzfleisch", that feeling that you just gotta do SOMETHING.

Also - cold mikvah. Find a mikvah, preferably a cold one, and dunk.

If you can't get to a mikvah (lake and ocean are also kosher mikvaos), then take a cold shower.

When you start to get excited about doing something you know is wrong, you can actually feel your body getting warm (from the adrenaline, the body's response to anticipation of pleasure)

Cooling off can help you keep your "cool".

Combine cold mikvah (or shower) with physical exercise, and maybe a little more time studying for school (limud kodesh and / or chol), and you'll be fine.

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Re: Girls in general

Posted by silentbattle - 15 Sep 2011 14:02

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Reb Emunah - I think you answer your own question, as far as which movies you should watch. If a movie is causing you to fantasize, then it's probably not a movie you should watch.

And from the sound of it, pretty much all the movies you want to watch would make you fantasize in some way or another.

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Re: Girls in general

Posted by tryhard - 15 Sep 2011 14:43

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emunah, its a problem many face they want the good feelings girls will give them and the love and compassion they will have. but in truth you have to give back and its not all about love, and compassion. of course there is but in the movies they always try forgetting about reality. shes probably not that fun to live you life with. There are many fine frum girls you will give you real happiness

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Re: Girls in general

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Posted by gibbor120 - 15 Sep 2011 15:12

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[tryhard wrote on 15 Sep 2011 14:43:](#)

There are **many** fine frum girls you will give you real happiness

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Re: Girls in general

Posted by tryhard - 15 Sep 2011 22:15

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yes one for each of us but i think we all want a nice frum girl so there better be enough to go around:)

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um, hopefully just one

Re: Girls in general

Posted by gibbor120 - 16 Sep 2011 13:00

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It's the great guys that are in short supply. Not on this forum of course. Here they are in

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Re: Girls in general

Posted by tryhard - 16 Sep 2011 19:04

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much better way of looking at it. hay at least we are trying the best!!

have a great shabbos

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Re: Girls in general

Posted by Yossi.L. - 16 Sep 2011 20:05

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Emunah17,

99% of the time when you watch a movie it as an escapist behavior. It is a way for you to escape the real world in to the imaginary world. That is never a good thing. So regardless of whether there is attractive women or not, ask yourself "why am i watching this movie???"

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Re: Girls in general

Posted by kidushashem - 19 Sep 2011 17:49

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[gibbor120 wrote on 16 Sep 2011 13:00:](#)

It's the great guys that are in short supply. Not on this forum of course. Here they are in

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I always wonder whether I'll tell a girl who I want to marry that I used to do P&M. Just so there's complete transparency.

I think I'll tell her that she'll be lucky to marry someone who admits to it and has been clean for a while. Otherwise, she's taking a chance that she'll marry someone who is still doing it and has not done all the amazing work we're doing!

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Re: Girls in general

Posted by gibbor120 - 19 Sep 2011 18:34

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[kidushashem wrote on 19 Sep 2011 17:49:](#)

I always wonder whether I'll tell a girl who I want to marry that I used to do P&M. Just so there's complete transparency.

I think I'll tell her that she'll be lucky to marry someone who admits to it and has been clean for a while. Otherwise, she's taking a chance that she'll marry someone who is still doing it and has not done all the amazing work we're doing!

I would get some good advice before you decide what to do. I don't have any good advice, so I will just stay silent.

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Re: Girls in general

Posted by ninetydays - 19 Sep 2011 18:47

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I tend to agree weith gibbor on this. You want to marry an emotional wreck tell her. Girls when they get engaged do not think that they may be marrying a luster.

Your past even though it is your past can really hurt her. And hurt her a lot. So before you think about doing anything in the name on having a completely honest and open marriage ask someone you respect who may have some experience in this.

Best!

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Re: Girls in general

Posted by Gevura Shebyesod - 19 Sep 2011 18:53

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I'm not an expert or anything, but I feel that if you are truly and completely over this, and there is no chance that it could come back and affect you, then there is no reason to tell. Would you tell her about every filling you got on your baby teeth?

OTOH if it's still an ongoing issue.....

Gevura!

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Re: Girls in general

Posted by tryhard - 20 Sep 2011 20:24

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i have to agree i wouldnt tell her because it will just cause undo pain to her

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Re: Girls in general

Posted by Yossi.L. - 20 Sep 2011 21:39

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[Gevura ShebYesod wrote on 19 Sep 2011 18:53:](#)

I'm not an expert or anything, but I feel that if you are truly and completely over this, and there is no chance that it could come back and affect you, then there is no reason to tell. Would you tell her about every filling you got on your baby teeth?

OTOH if it's still an ongoing issue.....

Gevura!

I guess each situation is different, but I will share my personal experience because it might be a chizuk. When I was dating my wife she noticed that I guarded my eyes. Every other guy she had dated without thinking had let their eyes roam. I didn't because I was working on my addiction, hence, working on my Shmiras einayim. After a few dates she complimented me on my shmeris einayim and I explained to her an outline of my struggle and how I was fighting my desires so as to be a healthy person etc.. Although I didn't fully explain my addiction, and she didn't fully comprehend, she later told me that it was at that moment that she was overwhelmed with respect for me. Even this very day when she has a much more comprehensive understanding of my gruesome addiction, she still has the upmost respect that I am fighting it and being honest about it. So, although it might not be a good idea for everyone, you should not think that under no conditions can you tell your wife.

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