

how to not look on vacation???

Posted by helpfyi - 30 Jun 2011 02:00

I need help on vacation, even when i go to any place that there are a lot of prizes just in normal places and is very hard not to look and always fall and look. I don't go to these exotic places just to normal park or the like or any place where there are goyim i have a hard time. all year i stick to my places and can control but when i get out of the regular i feel like i have to check everyone out. Any ideas??

=====

Re: how to not look on vacation???

Posted by helpfyi - 14 Jul 2011 00:27

[dov wrote on 14 Jul 2011 00:06:](#)

Treif.

The idea of doing things to save other people from temptation at the price of my own wife's kavod

Better to go out there and teach guys that we and we alone are responsible for our own eyes and for keeping our zippers up. Blaming and saving are two sides of the same coin. You cannot have one without the other, on a personal level.

I am **not** saying that if our wives are violating the halacha we should ignore it. But I am saying that addicts need to see how the way we interact with our wives affects our humility and blaming, that's all. In the end, we will not do the right thing without Hashem's help.

So end result it depends on the person,

- if she is the type to care and doesn't realize then it IS a koved to tell her "kol kevod bas melech penima".

-If she is going against halacha you have to figure out a way to deal, ask a rov how do deal smartly.

-If you are a addict and by telling her your are putting blaim on women- shut up and work on yourself.

Agreed?

=====

Re: how to not look on vacation???

Posted by TheJester - 14 Jul 2011 10:57

If a wife notices that women seem to get attention (positive or negative - but SOMETHING strong) from their husband when they're inappropriately dressed, then who can blame the wife who (subconsciously, perhaps!) dresses like that?

Like the kid who plays up to get shouted at, because he's learnt that that's how to get SOMETHING out of his parents?

Hm...

=====

Re: how to not look on vacation???

Posted by helpfyi - 14 Jul 2011 12:54

[Yossi wrote on 14 Jul 2011 10:57:](#)

If a wife notices that women seem to get attention (positive or negative - but SOMETHING strong) from their husband when they're inappropriately dressed, then who can blame the wife who (subconsciously, perhaps!) dresses like that?

Like the kid who plays up to get shouted at, because he's learnt that that's how to get SOMETHING out of his parents?

Hm...

if thats the case then yes, but i don't think women dress that way to get screamed at by their husbands...

=====
=====

Re: how to not look on vacation???
Posted by TheJester - 14 Jul 2011 13:11

[Helpfyi wrote on 14 Jul 2011 12:54:](#)

if thats the case then yes, but i don't think women dress that way to get screamed at by their husbands...

I completely and utterly agree. In fact, I doubt that we know (or even they they know the extent of) their own inscrutable minds, and the true reason for any of it...

As a side point, I can honestly say that I know people who do things just to have fights, and be physically compromised. And don't consciously believe that they are acting for that purpose.

People are nutty.

One thing I have found, though, is that when someone achieves a true peace within oneself, and a balance with life around him (or her), it is contagious, and spreads throughout a family. Similarly, when one finds respect for himself, it spreads to respect for others, and then people around him start respecting themselves and others, too. And it often works better than shouting. However much people enjoy being shouted at.

=====

=====

Re: how to not look on vacation???

Posted by ZemirosShabbos - 14 Jul 2011 18:47

[Yossi wrote on 14 Jul 2011 13:11:](#)

One thing I have found, though, is that when someone achieves a true peace within oneself, and a balance with life around him (or her), it is contagious, and spreads throughout a family. Similarly, when one finds respect for himself, it spreads to respect for others, and then people around him start respecting themselves and others, too. And it often works better than shouting. However much people enjoy being shouted at.

???? ?? ??? ??

??????? ?????? ??? ??????

=====

=====

Re: how to not look on vacation???

Posted by helpfyi - 14 Jul 2011 18:51

[Yossi wrote on 14 Jul 2011 13:11:](#)

[Helpfyi wrote on 14 Jul 2011 12:54:](#)

if thats the case then yes, but i don't think women dress that way to get screamed at by their husbands...

One thing I have found, though, is that when someone achieves a true peace within oneself, and a balance with life around him (or her), it is contagious, and spreads throughout a family. Similarly, when one finds respect for himself, it spreads to respect for others, and then people around him start respecting themselves and others, too. And it often works better than shouting. However much people enjoy being shouted at.

i couldn't agree more!

=====

Re: how to not look on vacation???

Posted by nezach - 17 Jul 2011 13:20

a few points. although going back to basics, your question on vacation is just another way of saying how hard it is to guard one's eyes. we must get to the stage where we can fulfil this mitzvah in our home towns and on vacation, except the latter obviously has 'more going on'.

always remember your reasons for wanting to guard your eyes. this about the positives and the consequences involved. pray especially hard during your days on vacation. learn Torah with this in mind. also play a game, for example, as you see a girl you can 'blank her'..look at anything but her (of her friends). last week when i was abroad, i would simply put my hand over my eye (as i walk passed her) pretending to scratch my head. whatever, but once she is out of your

sight, do not look back and feel the satisfaction and achievement! do this a few times in a row and you are gaining a lot of strength.

=====

Re: how to not look on vacation???

Posted by helpfyi - 17 Jul 2011 18:15

[nezach wrote on 17 Jul 2011 13:20:](#)

a few points. although going back to basics, your question on vacation is just another way of saying how hard it is to guard one's eyes. we must get to the stage where we can fulfil this mitzvah in our home towns and on vacation, except the latter obviously has 'more going on'.

always remember your reasons for wanting to guard your eyes. this about the positives and the consequences involved. pray especially hard during your days on vacation. learn Torah with this in mind. also play a game, for example, as you see a girl you can 'blank her'..look at anything but her (of her friends). last week when i was abroad, i would simply put my hand over my eye (as i walk passed her) pretending to scratch my head. whatever, but once she is out of your sight, do not look back and feel the satisfaction and achievement! do this a few times in a row and you are gaining a lot of strength.

THANKS! great tip! yeh we got side tracked but i would like to hear more tips on this!

I also like to find something else to look at like the sky or something else that could distract me.

=====