

i have crazy thoughts!

Posted by helpfyi - 05 Jun 2011 19:01

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Hi, i am married and have crazy thoughts that everyone else s wives have better looks in parts of their body's (ha maven yovin) then mine and i have hard time not looking and dreaming about them which makes me want to look at porn and even cheat YES cheat, i never would be i dream about it! I know its because of all those images of the movie/porn industry who always have the best body's etc.. please give me chizuck!

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Re: i have crazy thoughts!

Posted by ulay-yachus - 05 Jun 2011 19:21

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sorry about my English , I'm a native Israeli.

I also had these thoughts, but as more I read in this forum' and the more I just try to think about it' I get to understand' that there is no connection between the acting-out porn etc' and the beuty of someone's wife. There are MANY poeple here who claim to have very pretty woman, and they are addicted to sex ' in the same time. How can it be? cuz addiction is sort of illness.... that why if you also will have a model with you, , you still probably , will have [like most of us here] the sexddiction problem..... and there is another proove [re aya ] that this is right, look how many gentiles, who are married to woman who looks like models, and still cheating their wives and get divorce from these kind of reasons.

chazak ve nitchazek!

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Re: i have crazy thoughts!

Posted by ZemirosShabbos - 06 Jun 2011 16:25

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seems like the Torah was well aware of these 'crazy thoughts' and actually addressed them in this possuk:

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the fact that you recognize the thoughts as crazy shows that you are not crazy....

you would do well to read up on this site, both the handbooks and on the forum and you will see that you are far from having a monopoly on the 'crazy thoughts'...

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