

Slowly but surely, Rising Up once again
Posted by Rising Up - 16 May 2011 03:55

What a long journey the past month has been!! It all started off with a successful streak of 83 days coming to an end via the Y"H's trickery. I fell and I fell hard. Real hard. In fact, I fell farther than I had ever in the past. I gave up on GYE, not wanting to truly feel my lack of success as a measurement of my effort. Not realizing that the work put in shall never be lost. Weakened by my fall, I continued to self-destruct, coming very close to boundaries which I had no intention of ever crossing. I fell to depths that I wish I had not. Hopelessly I tried to reach out after my initial fall, but by then I was doomed. Over a long and painful YomTov I suffered and acted out time and time again. Pain. The feeling of loneliness, the feeling of failure. Deterred by a lack of success, I looked to seek fulfillment in my old ways. Falling farther than I had ever done before, I was awoken to the realization of where I had gone. With what little strength I had left I looked for somewhere to go. Not an SA or SLAA meeting to be found where I live. Falling once again that night, I realized that I had forgotten that there was a third organization, SAA, which was also similar to SA. Although they professed a slightly altered version of abstinence, I decided that they were nevertheless the only address. Arriving at a meeting the very next Sunday, I felt a sudden return of will in myself. After the meeting was over I spoke with the leader of the group for a while, hearing great words of wisdom, unspoken truths about myself and hope for the future. Since then, although it has been a long road I have felt stronger each day. Over time I realized my errors, and daily I work to correct my true self. To change who I am, not just what I do. And although the battle is still long, I feel the strength to return to GYE is within me. That same feeling that I had 1 month and 83 days ago, is back.

Rising Up

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Re: Slowly but surely, Rising Up once again
Posted by Rising Up - 22 May 2011 05:35

Letting go= addiction

will do my work= college work

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Re: Slowly but surely, Rising Up once again

Posted by Eye.nonymous - 22 May 2011 08:48

Our addiction cannot be compartmentalized.

It is our approach to life, when there is something not quite right with it, which drives us to act out.

--Eye.

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Re: Slowly but surely, Rising Up once again
Posted by Rising Up - 22 May 2011 16:45

SOOOOOO true.

ODAAT

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Re: Slowly but surely, Rising Up once again
Posted by Eye.nonymous - 23 May 2011 06:32

LETTING GO=I'm not in charge of my life anymore. Hashem is the pilot and I'm just a passener. I'm willing to accept life, ALL OF LIFE, on His terms. I'm not running the show. Things aren't always going to go the way I want them to or expect them to (and, sometimes it seems like they NEVER go the way we want them to), and I can peacefully accept that.

In other words, if G-d is your co-pilot, switch seats!

--Eye.

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