just starting - going 1 day at a time Posted by ineedhelp - 09 Mar 2011 12:35

I figure this foumn will be the better place to post

I hope you will be able to help me with a daily or twice daily (or more) boosts or upgrades to my fight. I find that having an online discussion dealing with my problem helps me cope with my addiction.

I'm on day 3 from joining the website. I started counting from then.

Thank you all.

Re: just starting - going 1 day at a time Posted by ineedhelp - 13 Mar 2011 07:27

bump.. please can someone give me a source?

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Re: just starting - going 1 day at a time Posted by geshertzarmeod - 13 Mar 2011 13:54

I presently am away from home so I dont have access to my regular sources of info. sorry to keep you waiting.